PREGNANCY OUTCOME FOLLOWING EXPOSURE TO ERGOTAMINE TARTRATE COMBINATIONS: PRELIMINARY

RESULTS OF 26 CASES

Mesut Güngör^{1,2}, Barış Karadaş^{1,2}, Yusuf Cem Kaplan^{1,2}, Elif Keskin Arslan³, Mehmet Arslan⁴

- ¹ Department of Medical Pharmacology, Faculty of Medicine, İzmir Katip Celebi University, Izmir, Turkey
- ² Terafar (Izmir Kâtip Celebi University Teratology Information, Training and Research Center), Izmir, Turkey.
- ³ Department of Medical Pharmacology, Faculty of Medicine, İzmir Bakırçay University, Izmir, Turkey
- ⁴ Department of Family Medicine, Bakırcay University Cigli Regional Education Hospital, Izmir, Turkey





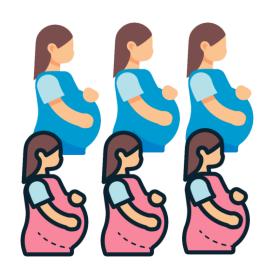
Ergotamine tartrate was among the first ergot alkaloids to be identified and prescribed to treat migraine.

Ergotamines is contraindicated in pregnancy due to their vasoconstrictor and uterine contraction properties

But... what happens if women are exposed in the beginning of pregnancy?



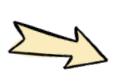
Aim: To evaluate pregnancy outcomes in 26 exposed women (Terafar, Izmir Katip Celebi University)















Structured telephone interviews.





Rates of major birth defects, spontaneous abortions, pregnancy terminations, and live births were assessed.

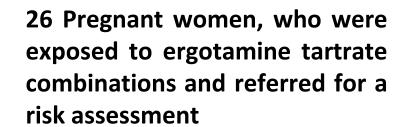
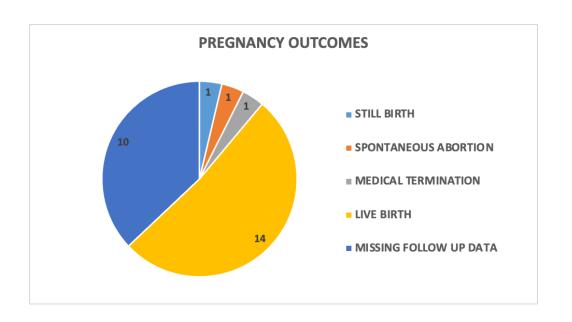


TABLE 1 Maternal characteristics at the time of consultation (n = 26)

Maternal Age mean (Sd)	31.9(5.9)
Classification of age n (%)	
≤34 years	17(65,4)
≥35 years	9(34,6)
Folic acid supplementaion n(%)	9(34,6)
Alcohol consumption n(%)	1(3,8)
Smoke consumotion n(%)	8(30,8)
Radiation exposure, n(%)	2(7,7)
Daily ergotamine exposure (mg), n(%)	0,75(92,3)
Chronic disease without migraine n(%)	11(42.3)
Underlying disease n(%)	
Migraine	26(100)
Depression	3(11,1)
Asthma	1(3,8)
Thalassemai	1(3,8)
Diabetes	1(3,8)
Thryoid disease	3(11,1)
Fmf	1(3,8)
Gastritis	1(3,8)



Of the 16 pregnancy with known outcomes (including one twin pregnancy), 14 resulted in live births, one was spontaneous abortion, one was a stillbirth (in the twin pregnancy), and one was electively medical terminated.

Conclusions:

This case series did not identify major congenital malformations following exposure to ergotamine tartrate combinations with mecloxamine, paracetamol, and caffeine.

While causality cannot be confirmed, placental insufficiency remains a plausible contributor to the stillbirth observed in this twin pregnancy.

Limitations!
Small study, no control group

Larger studies are needed

